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PATIENT INFORMATION LEAFLET
SCHEDULING STATUS: [S0]
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES – film coated tablets
Each film coated tablet contains:
Camellia sinensis (L) (Green tea)..... 124 mg
providing epigallocatechin gallate 45 mg
(leaf, 20:1 extract standardised to 40% epigallocatechin gallate providing 2,48 g Dried Herbal Equivalent)
Punica granatum (L) (Pomegranate)..... 50 mg
(fruit, 40-50:1 hydroethanolic extract standardised to minimum 40% ellagic acid providing 2- g, 5 g Dried Herbal Equivalent)
Citrus sinensis (L) (Orange)..... 45 mg
providing hesperidin 30 mg
(fruit and peel, 7-35:1 hydroethanolic extract standardised to minimum 80% hesperidin providing 315 mg- 1575 mg Dried Herbal Equivalent)
Rosmarinus officinalis (L) (Rosemary)..... 10 mg
(leaf, 5-10:1 hydroethanolic extract standardised to 6% rosmarinic acid providing 50 mg-100 mg Dried Herbal Equivalent)
Sambucus nigra subsp nigra (L) (Elderberry) ... 10 mg
(fruit, 16-20:1 extract standardised to 6.5% anthocyanidins providing 128mg-160mg Dried Herbal Equivalent)
Malpighia emarginata (L) (Acerola) (fruit powder) ... 8 mg
Vaccinium corymbosum (L) (Blueberry) (fruit powder) ... 10 mg
Brassica oleracea (L) (Broccoli) (florets powder) ... 5 mg
Daucus carota (L) (Carrot) (root powder)..... 5 mg
Spinacia oleracea (L) (Spinach) (aerial parts powder) ... 5 mg
Solanum lycopersicum (L) (Tomato)..... 43.5 mg
providing lycopene 1.55 mg
(fruit, 300:1 extract standardised to minimum 5% lycopene providing 13,05g Dried Herbal Equivalent)
Contains sugar (sucrose) 5.64 mg
Each film coated tablet contains 61,65mg of maltodextrin and 0.35mg of glycerol.

D34.12 Multiple substance formulation
COMPLEMENTARY MEDICINE – HEALTH SUPPLEMENT
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is available without a doctor's prescription, for you to help you maintain your good health. Nevertheless, you still need to use NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES carefully to get the best results from it.
• Keep this leaflet. You may need to read it again.
• Do not share NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES with any other person.
• Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet:
1. What NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is and what it is used for
2. What you need to know before you take NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
3. How to take NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
4. Possible side-effects
5. How to store NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
6. Contents of the pack and other information.

1. What NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is and what it is used for
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES provide antioxidants which helps protect cells against oxidative damage caused by free radicals.
Green tea extract as a source of flavonols - epigallocatechin gallate (EGCG).
Orange fruit extract as a source of flavone - hesperidin.
Tomato extract as a source of carotenoids - lycopene.
"A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance."

2. What you need to know before you take NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
Do Not Take NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
• If you are hypersensitive, (allergic) to any of the ingredients, (See list in section 6.0).
• If you are pregnant or breast feeding your baby.
• If you are taking over-the-counter medicines containing phenylpropanolamine.
Not suitable for children.
Warnings and precautions
Take special care with NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES.
Risk of bleeding in the brain from use of a combination of caffeine (including caffeine from green tea) and phenylpropanolamine.
Consult with a relevant health care provider prior to use:
• If you are taking blood thinners.
• If you have a liver disorder or an iron deficiency.
• If you have a liver disorder or an iron deficiency.
• If diagnosed or suspected to suffer from prostate cancer.
• If you are taking any prescription medicines.
• If you are pregnant or breastfeeding.
Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported.
Stop use and consult a relevant health care provider if you develop symptoms of liver trouble such as: yellowing of the skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness and/or loss of appetite.
Stop use if you have hypersensitivity/allergy occurs.
Consult a relevant health care provider for use beyond 12 weeks.
Do not exceed daily dosage level without consulting a relevant health care provider.
Children and Adolescents
Not suitable for children and adolescents under 18 years of age.
Other medicines and NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES:
Always tell your health care provider if you are taking any other medicine including all complementary or traditional medicines.
• green tea may reduce the effect of blood thinners. Using warfarin and green tea, may make warfarin ineffective.
• green tea may inhibit blood platelets from clotting. Using the aspirin and green tea together may increase your risk of bleeding.
• green tea reduces the blood levels of lithium (a medicine used to treat manic/depression).
• green tea may cause a severe increase in blood pressure when taken together with monoamine oxidase inhibitors (MAOIs). MAOIs is used to treat depression such as phenelzine and tranylcypromine.
• caffeine from green tea may decrease the effect of blood pressure medicines. Blood pressure medicines such as beta-blockers like propranolol and metoprolol.
• caffeine (including caffeine from green tea) may cause a severe increase in blood pressure and mania when taken together phenylpropanolamine. Phenylpropanolamine (an ingredient used in some over-the-counter cough and cold products).
• green tea may decrease the effect of antipsychotic medicines Clozapine. Take Clozapine at least 40 minutes after taking green tea products.
• pomegranate containing products may increase the risk of statin-induced myopathy.
You should check with doctor, pharmacist or your healthcare provider if you are unsure.
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES with food, drink and alcohol
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES may be taken at any time of the day, preferably with food as recommended (See Section 3) without alcohol.
Pregnancy, breastfeeding and fertility
If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your health care provider for advice before taking this complementary medicine. Safety in pregnancy and breastfeeding has not been established.
Driving and using machines
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is not expected to influence your ability to drive. However, you

should not drive, use machinery or perform tasks that require concentration until you are certain that NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES does not adversely affect your ability to do so safely (See Possible Side-effects).
Important information about some of the ingredients of NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES:
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES contains maltodextrin, sucrose and glycerol, which may have an effect on the control of your blood sugar if you have diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES. NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES contains porcine gelatin.
3. How to take NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
Always take NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES exactly as described in this leaflet or as your doctor or pharmacist. Check with your doctor or pharmacist if you are not sure.
The usual dose for Adults is: Take one (1) to two (2) tablets up to three times per day preferably with meals or as directed by your healthcare provider.
Do not exceed the recommended daily dose unless directed by your doctor.
If you take more NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES than you should
In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.
If you forget to take NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
Do not take a double dose to make up for forgotten individual doses.
4. Possible Side Effects
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES can have side effects.
Not all side effects reported for NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES are included in this leaflet.
Should your general health worsen or if you experience any untoward effects while taking NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES, please consult your health care provider for advice.
Green tea extract containing products are thought to be likely safe for most people when taken in recommended amounts.
• some people have experienced side effects to green tea extract such as stomach upset and constipation.
• green tea has been reported to cause liver problems in rare cases.
Pomegranate extract containing products are thought to be likely safe for most people when taken in recommended amounts.
• some people have experienced sensitivity to pomegranate extract. Symptoms of sensitivity include itching, swelling, runny nose, and difficulty breathing.
Stop using green tea and call your healthcare provider at once if you have:
• an unusual bleeding or any bleeding that will not stop.
• an unusual pain (rhabdomyolysis).
If any of the following happens, stop taking NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES and tell your doctor immediately or go to the casualty department at your nearest hospital:
• swelling of your hands, feet, ankles, face, mouth or throat, which may cause difficulty in swallowing or breathing.
• rash or itching.
• fainting.
• yellowing of your skin and eyes, also called jaundice.
These are all very serious side effects. If you have them, you may have had a serious allergic reaction. You may need urgent medical attention or hospitalisation.
Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:
• chest pain.
• angina.
• changes in the way your heart beats, for example, if you notice it beating faster, difficulty breathing,
• signs of recurrent infections such as fever or sore throat,
• less urine than is normal for you.
These are all serious side effects. You may need urgent medical attention. Tell your doctor as soon as possible if you notice any of the following:

• nausea.
• abdominal cramps or stomach pains.
• headache.
• dizziness.
• tiredness.
• light-headedness.
• dry cough.
• muscle cramps.
• flatulence or wind.
• diarrhoea.
• loss of appetite.
If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.
Reporting of Side Effects
If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under: SAHPRA's publications: SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form".
<https://www.sahpra.org.za/Publications/Index/8>.
Botswana's publications: BOMRA via Suspected Adverse Drug Reactions Reporting Form.
<https://www.bomra.co.bw/index.php/suspected-adverse-drug-reactions-reporting-form>
Namibia's publication: Adverse Medicine Reaction (Safety Yellow Form)
<https://nmrc.gov.na/documents/81630/410067/Safety+Yellow+Form.pdf/8cbbf343-3c18-dba3-7ec1-50b881fda626>
May also report to Amway South Africa Pty Limited using the following email:
Regulatory_Department@Amway.com.
By reporting side effects, you can help provide more information on the safety of NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES.
5. How to store NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
Store all medicines out of the sight and reach of children. Store in the original container. Store at or below 25°C. Keep the container tightly closed to protect from sunlight, heat and moisture. Do not use NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES after the expiry date stated on the label. The expiry date refers to the last day of that month. Do not use NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES, if you notice the tablets have changed shape or colour.
Disposal of NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
Return all unused medicines to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).
6. Contents of the pack and other information
What NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES contains
The active substances in each film coated tablet are *Camellia sinensis* (L) extract, *Punica granatum* (L) extract, *Citrus sinensis* (L) extract, *Rosmarinus officinalis* (L) extract, *Sambucus nigra* (L) extract, *Malpighia emarginata* (L) fruit powder, *Vaccinium corymbosum* (L) fruit powder, *Brassica oleracea* (L) florets powder, *Daucus Carota* (L) root powder, *Spinacia Oleracea* (L) aerial parts powder and *Solanum lycopersicum* (L) extract. The other ingredients are microcrystalline cellulose, maltodextrin, crosslinked sodium carboxymethylcellulose, stearic acid, gelatin (porcine), corn oil, corn starch, sucrose, silicon dioxide, hydroxypropyl methylcellulose, gum arabic, glycerol and carnauba wax.
What NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES looks like and contents of the pack
Mottled greenish brown film coated tablet. It is available in white HD polyethylene container with lift n' peel tamper-proof seal and re-sealable flip-top closure containing 60 tablets.
Registration Number This product has not yet been allocated by the regulatory authority.
Name and Address of Holder of Certificate of Registration Amway South Africa (Pty) Ltd. Unit B1, 33 Brussels road, Spartan, Isando 1619.
Date of Publication To be allocated by the regulatory authority.
Access to the corresponding Professional Information
www.Amway.co.za

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• wind of wind.
• diarree.
• eetlust verloor.

As u enige nuwe -effekte opmerk wat nie in hierdie pamflet genoem word nie, moet u 'n dokter of apteker daarvan in kennis stel.

Rapportering van nuwe effekte
Praat met jou dokter, apteker of verpleegster as jy nuwe effekte ervaar. Jy kan ook nuwe effekte by SAHPRA aanmeld: SAHPRA publikasies: SAHPRA via die "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind kan word by <https://www.sahpra.org.za/Publications/Index/8>.

Botswana publikasies:
<https://www.bomra.co.bw/index.php/services/patient-safety-monitoring>.
Namibia publikasies: Rapporteer vorm vir ongewenste genesmiddele reaksies (Veiligheidsgeel vorm)
<https://nmrc.gov.na/documents/81630/410067-Safety+Yellow+Form.pdf/8cbbf343-3c8f-dba3-7ec1-50688f1daab26>.

Maak ook aan Amway South Africa Pty Limited rapporteer deur die volgende e-pos te gebruik:
Regulatory_Department@amway.com.

Deur nuwe effekte te rapporteer, kan jy help om meer inligting te verskaf teenoor die veiligheid vanaan NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES.

5. Hoe om NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES te stoor
Stoor alle medisyne buite die bereik en sig van kinders.
Stoor in die oorspronklike verpakking/houer.
Stoor teen of benede 25°C.
Hou die houer dig toe en beskerm teen sonlig, hitte en vog.
Moenie NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES gebruik na die vervaldatum op die etiket nie.
Die vervaldatum verwys na die laaste dag van daardie maand.
Moenie NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES gebruik, indien die tablette van kleur of vorm verander het nie.

Wegdoening van NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
Neem alle ongebruikte medisyne terug na u apteker. Moenie ongebruikte medisyne in dreine of rioolsisteme (bv. toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting
Wat NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES film bedekte tablet bevat
Die aktiewe bestanddele in elke film bedekte tablet is *Camellia sinensis* (L) ekstrakt, *Punica granatum* (L) ekstrakt, *Citrus sinensis* (L) ekstrakt, *Rosmarinus officinalis* (L) ekstrakt, *Sambucus nigra* (L) ekstrakt, *Melissa officinalis* (L) vrug poeier, *Vaccinium corymbosum* (L) vrug poeier, *Brassica oleracea* (L) florets poeier, *Daucus carota* (L) wortel poeier, *Spinacia oleracea* (L) lugdele poeier en *Solanum lycopersicum* (L) ekstrakt.
Die ander bestanddele is mikrokristalliene sellulose, maltodekstrien, natrium gekruide karboksimeetellulose, steariensuur, gelatien (vark), melie olie, melietyssel, surose, silikondoksied, hidroksiopropielmetiellulose, arabiese gom, glicerol, kamauba was.

Hoe NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES lyk en die inhoud van die houer
Gevlekte groenige bruin, filmbedekte tablet.
Dit is beskikbaar in wit HD polietileen houer met 'n oplyf afrekbare peuterbestande seël en 'n wit herseelbare peuterbestande doppe wat 60 tablette bevat.

Registrasie Nummer Hierdie produk is nog nie deur plaaslike owerheid gevalueer nie.

Naam en besigheidsadres van die houer van die registrasiesertifikaat Amway Suid Afrika (Edms) Bpk

Datum van Publikasie Moet toegedien word deur die plaaslike owerheid.

Toegang tot die ooreenstemmende Professionele inligting www.amway.co.za.

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2. **Wat jy moet weet voordat jy NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES neem**
Moenie NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES gebruik
• As jy hipersensitief (allergies) vir enige van die bestanddele is nie (geels onder afdeling 6.0).
• Indien jy swanger is of jou baba borsvoed.
• Indien jy ander oor die toonbank medisyne gebruik wat fenielpropanolamien bevat.
Nie geskik vir kinders nie.

Waarskuwings en voorsorgmaatreëls
Risiko tot bloeding in die brein as gevolg van gebruik van 'n kombinasie van kafeïene (insluitend vanaf groen tee) en fenielpropanolamien.
Neem spesiale sorg met NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES.
Raadpleeg jou gesondheidsorgwerker vir gebruik:
• Indien jy bloedverdunders neem.
• Indien jy bloedrudd medisyne neem.
• Indien jy 'n lewer afwyking of aan ystertekort lei.
• Indien gedagnoseer of vermoede om te lei aan prostaat kanker.
• Indien jy enige voorskripte medisyne neem.
• Indien jy swanger is of borsvoed.
Rare, onvoorspelbare gevalle van lewerskade geassosieer met groen tee ekstrakt-betrukkende produkte wat al gerapporteer is. Stop gebruik en raadpleeg jou gesondheidsorgwerker indien jy simptome ontwikkel van lewer probleem soos vergeling van die vel/oë (geelsug), maagpyn, donker urine, oormatige sweet, naarheid, ongewone moegheid en/of verlies van apyt. Stop gebruik indien hipersensitiwiteit/allergie voorkom.
Raadpleeg u gesondheidsorgwerker indien gebruik 12 weke oorskry.
Moenie die daaglikse dosis vlak oorskry sonder om jou gesondheidsorgwerker te raadpleeg nie.

Kinders en Adolesente
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is nie geskik vir kinders of adolesente onder die ouderdom van 18 jaar nie.

Ander medisyne en NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES
Vertel altyd jou gesondheidskaffer indien jy enige ander medisyne neem insluitende komplementêre en tradisionele medisyne.
• groen tee mag die effek van bloedverdunder verminder.
Die gebruik van warfarin en groen tee, mag die warfarin oneffektief maak.
• groen tee mag bloedplaatjies inhibeer teen stolling. Die gebruik van aspirien en groen tee tesame kan jou risiko tot bloeding verhoog.
• groen tee verminder litium bloedvlakke ('n medisyne wat gebruik word om manie/depressie te behandel).
• groen tee kan lei tot erge bloeddruk verhoging wanneer tesame met monamien oksidase inhibeerders (MAO's) gebruik word. MAO's word gebruik om depressie te behandel soos bv. fenelien en trianielspromien.
• kafeïene vanaf groen tee kan die effek van bloeddruk medisyne verlaag. Bloeddruk medisyne soos beta-blokkers, propranolol en metoprolol.
• kafeïene (insluitende kafeïene vanaf groen tee) kan lei tot erge bloeddruk verhoging en manie wanneer saam met fenielpropanolamien geneem word.
Fenielpropanolamien (is 'n bestanddeel wat in sommige oor die toonbank medisyne soos hoës en verkoue produkte).
• groen tee kan die effek van antihipertensie medisyne soos Klopasien verlaag. Neem Klopasien ten minste 40 minute voordat jy enige groen tee produkte neem.
• granaat bevatende produkte kan die risiko tot statien-geinduseerde miopatie verhoog.

Raadpleeg jou dokter, apteker of jou gesondheidsorgwerker indien jy nie seker is nie.

NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES saam met voedsel, drank en alkohol
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES mag enige tyd van die dag geneem word, verkieslik met 'n maaltyd of soos aanbeveel (Sien Afdeling 3) sonder alkohol.

Swangerskap, borsvoeding en fertiliteit
Indien jy swanger is of borsvoed, of dink dat jy swanger is of beplan om swanger te raak, raadpleeg asseblief jou gesondheidsorgwerker vir advies voordat jy hierdie komplementêre medisyne neem. Veiligheid in swangerskap is nog nie vasgestel nie.

Bestuur en gebruik van masjinerie
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES word nie verwag om jou vermoë om te bestuur te beïnvloed nie. Alhoewel,

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PASIENTINLIGTINGSTUK
SKEDULERING STATUS : [50]
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES – filmbedekte tablette
Elke filmbedekte tablet bevat:
Camellia sinensis (L) (Groen tee) 124 mg
wat epigallocatekin gallaat verskaf 45 mg
(blaar, 20:1-ekstrakt gestandaardiseer tot 40% epigallocatekin gallaat verskaf 2,48 g Gedroogde Krui Ekivalent wat)
Punica granatum (L) (Granaat) 50 mg
(vrug, 40:50:1 hidroethanoliese ekstrakt gestandaardiseer tot min 40% ellagiese suur verskaf 2,48 g Gedroogde Krui Ekivalent wat)
Citrus sinensis (L) (Lemoen) 45 mg
wat hesperidine verskaf 30 mg
(vrug, 20:1-ekstrakt gestandaardiseer tot 60% hesperidine verskaf 315 mg-1575 mg Gedroogde Krui Ekivalent wat)
Rosmarinus officinalis (L) (Roosmaryn) 10 mg
(blaar, 5:10:1 hidroethanoliese ekstrakt tot 6% roosmaryniese suur verskaf 50 mg -10 mg Gedroogde Krui Ekivalent wat)
Sambucus nigra subsp nigra (L) (Elderberry) 5 mg
(vrug 16:20:1 ekstrakt gestandaardiseer tot 6.5% antosiandiene verskaf 128 mg-160 mg Gedroogde Krui Ekivalent wat)
Melissa officinalis (L) (Acerola) (vrug poeier) ... 8 mg
Vaccinium corymbosum (L) (Bloubessie) (vrug poeier) ... 10 mg
Brassica oleracea (L) (Broccoli) (blomme poeier) ... 5 mg
Daucus carota (L) (Geelwortel) (wortel poeier) ... 5 mg
Spinacia oleracea (L) (Spinasie) (lugdele poeier) ... 5 mg
Solanum lycopersicum (L) (Tamatie) 43,5 mg
wat likopeen verskaf 1,55 mg
(vrug, 300:1-ekstrakt gestandaardiseer tot minimum 5% likopeen verskaf 13,65 g Gedroogde Krui Ekivalent wat)
Bevat suiker (sukrose) 5,64 mg
Elke film bedekte tablet bevat 61.65mg maltodekstrien, 5,64mg suiker, en 0,35mg glicerol.

D34.12 Veelvuldige stof formule
KOMPLEMENTÊRE MEDISYNE – GESONDHEIDSAANVULLING
Hierdie ongereguleerde medisyne is nie gevalueer deur SAHPRA vir die kwaliteit, veiligheid of beoogde gebruik nie.

Lees hierdie hele inligtingstuk sorgvuldig aangesien dit belangrike inligting vir jou bevat.
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is beskikbaar vir jou sonder 'n dokter voorskryf vir die handhawing van goeie gesondheid. Nietemin, moet jy eger steeds NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES versigtig gebruik om die beste resultate daarvan te kry.
• Hou hierdie inligtingstuk. Dit mag nodig wees dat jy dit weer moet lees.
• Moet nie NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES met enige persoon deel nie.
• Vra jou gesondheidsorgwerker of apteker indien jy meer inligting of advies benodig.

Wat is in hierdie pamflet:
1. Wat NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is en waarvoor dit gebruik word
2. Wat jy moet weet voordat jy NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES neem
3. Hoe om NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES te gebruik
4. Moontlike nuwe effekte
5. Hoe om NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES te stoor

1. Wat NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES is en waarvoor dit gebruik word?
NUTRILITE™ CONCENTRATED FRUITS AND VEGETABLES verskaf antioksidante wat help om selle teen oksidatiewe skade te beskerm wat deur vrye radikale veroorsaak word. Groen tee ekstrakt is 'n bron van flavonoïdes – epigallocatekin gallaat (EGCG). Lemoen vrug ekstrakt is 'n bron van flavone – hesperidine. Tamatie ekstrakt is 'n bron van karnotoïdes – likopeen. 'n Gevarende diëet is die oëttreffendste en veiligste manier om goeie voeding, gesondheid, liggaamsamstelling sowel as geestelike en fisiese prestasie te bereik."

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